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# Belmar helps Denver celebrate Arts Week

*Studio-galleries in the Lakewood district's Block 7 have special offers, presentations slated*

By **Carrie MaKenna**  
YourHub Contributor

Denver Arts Week Nov. 4 through 12 kicks off with Know Your Arts First Friday throughout the Denver metro area. This is the fifth annual celebration of the city's vibrant, eclectic arts and cultural scene.

Block 7 in Lakewood's Belmar District is pleased to participate with a free Art Walk open to the public from 5 to 8 p.m. Nov. 4. Block 7 features three artist-owned working studio-galleries and a photographic school and gallery showing a wide range of artwork by local artists. With nearby restaurants and shops, many gallery visitors make a night of it in Belmar.

Anam Cara Living Arts in Studio G is also celebrating its fourth anniversary on Block 7 by



Block 7 in Lakewood's Belmar District is helping celebrate Denver Arts Week beginning Nov. 4. *Carrie MaKenna, YourHub Contributor*

showing "An Attraction to Abstraction." This diverse show features abstractions by Denver artist Carrie MaKenna and Colorado icon illustrations by Craig Rouse. Selected framed prints

are specially priced at \$52.80 for this event.

On Nov. 9, MaKenna offers a "Healing Mandalas" workshop. Using a variety of materials to create mandalas with a medita-

tive and healing focus, these classes are more about self-expression than "learning how to draw." All that's required is an interest in trying something new. The cost is \$30 and registration is required.

MaKenna also gives a free talk — "What's the Attraction to Abstraction?" — from 7 to 8 p.m. Nov. 10.

True Colors in Studio E is the studio and gallery of artist Pat Pendleton. She is showing her colorful works and a series of small triptyches called "Tree Poems."

Pendleton also offers her "Awareness Through Art Workshop" from 10 a.m. to 4 p.m. Nov. 12.

Art as an awareness tool can surprise us with what it reveals. If you have been working to set priorities or make a decision,

this workshop might help shed light on what needs to happen next in your life. Special price of \$52.80 is available if payment is received by Nov. 7; otherwise the class will cost \$60.

The Colorado Photographic Arts Center in the center gallery, presents "Situating Robert Adams," a contemporary landscape photography exhibition that looks at how Adams — who is the subject of a major retrospective at the Denver Art Museum — has influenced the work of the eight participants.

Fraction Gallery will also be open with an exhibit of local artists' work and special music to celebrate Denver Arts Week.

*Carrie MaKenna is the proprietor of Anam Cara Living Arts Studio & Gallery, Alternative Arts and Inspiration.*